



Department of Media Studies and Journalism

INTERNSHIP REPORT

PREPARED BY

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ID: 191012041

TERM: Summer 2025

COURSE CODE: MSJ11498

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Student Details

Name: MD. Likhon

Student ID: 191012041

Department: Media Studies & Journalism

Concentration: Digital Film and TV Production

Minor: English

Career Goal: I want to become a skilled Cinematographer who has the ability to create powerful visual stories that leave a lasting impact on audiences.

Internship Details

Host Organization- Ekhon Television

Address - City Park Lane, 19 Hatkhola Road, Wari, Dhaka-1203, Bangladesh

Website - ekhon.tv

Host Organization Supervisor - Jason Anup Baidya

Internship Area - Video Journalist

Internship Start Date - 01 / 06 / 2025

Internship End Date - 31 / 08 / 2025

Average Working Hours - 8 Hours

Weekly Working Hours - 48 Hours

Total Working Period -12 Weeks

Acknowledgement

In the name of Allah, the Most Gracious and the Most Merciful. I would like to start by expressing my deep gratitude to the Almighty for granting me the opportunity to successfully complete my internship.

I am truly thankful to my family for always being there for me with their love and support. They stood by my side, even when I doubted myself, and gave me the strength to keep going after my goals. Their care, encouragement, and sacrifices have played a big role in everything I've achieved, and I will always be grateful for that.

I would like to extend my heartfelt thanks to the University of Liberal Arts Bangladesh (ULAB) for providing me with an exceptional platform to develop both personally and professionally. Each faculty member has left a lasting impact on me, imparting knowledge that I will carry with me throughout my career.

A special note of appreciation to my advisor, Dr. Shazzad, and my internship advisor, Mr. Jason, whose guidance has been instrumental throughout my internship.

I would also like to express my gratitude to my host organization, Ekhon Television, for offering me the invaluable opportunity to be a part of their team.

Lastly, I extend my sincere thanks to my host organization supervisor, Mr. Jason. His constant support, motivation, and constructive feedback during the past three months have been indispensable. His mentorship has played a significant role in my professional growth, and I am deeply grateful for the time and effort he invested in helping me develop my skills.

This internship experience has been a pivotal moment in my academic and professional journey, and I am thankful to all who have contributed to making it possible.

PLAGIARISM DECLARATION

1. I know that plagiarism means taking and using the ideas, writings, works or inventions of another as if they were one's own. I know that plagiarism not only includes verbatim copying, but also the extensive use of another person's ideas without proper acknowledgement (which includes the proper use of quotation marks). I know that plagiarism covers this sort of use of material found in textual sources and from the Internet.
2. I acknowledge and understand that plagiarism is wrong.
3. I understand that my research must be accurately referenced.
4. This assignment is my own work, or my group's own unique group assignment. I acknowledge that copying someone else's assignment, or part of it, is wrong, and that submitting identical work to others constitutes a form of plagiarism.
5. I have not allowed, nor will I in the future allow, anyone to copy my work with the intention of passing it off as their own work.

Name: MD. LIKHON
ULAB ID: 191012041

Signature _____



MSJ042

INTERNSHIP REPORT APPROVAL FORM

Student Name : MD. Likhon ID No: 191012041

Major: Digital Film and TV Production Year: 2025

Local Phone: 01929745197

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INTERNSHIP/PROJECT INFORMATION

Internship

Organization/Project: Ekhn Television

Internship /Project Report

Topic: Video Journalist

Semester (Tick one): ☐ Spring 202 ☐ Summer 202 ☐ Fall 202

Advisor APPROVAL

(Please place a Tick)

☐ Approved ☐ Not Approved ☐ Partial Re-write ☐ Full Re-write

Remarks (If Not Approved/Pretrial/Full Rewrite):

Signature:

Name: Mohammad Shazzad Hossain, PhD

E-mail: Shazzad Hossain

Date:

Title: Assistant Professor

Phone: 01712030624

Introduction

When I first started studying at the University of Liberal Arts Bangladesh, I never thought journalism would be part of my journey. I was more interested in filmmaking, working behind the camera, editing videos, and telling creative stories through visuals. But over time, I realized how closely filmmaking and journalism are connected. Both are about storytelling, and both have the power to reach people, raise awareness, and even bring change. So when I got the chance to intern as a **Video Journalist at Ekhon Television**, I decided to give it a shot, and I'm really glad I did.

This internship taught me so much about the real world of media. I got to work in the field, shoot videos, and see how a story comes to life on screen. It wasn't always easy. There were tight deadlines, pressure, and unexpected challenges, but that's what made it exciting. I learned how important it is to be quick, careful, and responsible, especially when dealing with real news and real people. The experience helped me grow, not just in terms of skills, but also in how I think and work under pressure. Looking back, it was one of the most valuable parts of my university life, and it opened up a whole new side of storytelling I hadn't explored before.

Objective of My Internship at Ekhon Television

The main goal of my internship at **Ekhon Television** was to step out of my comfort zone and learn how real television news works. As a **Video journalist**, I wanted to improve my skills in shooting video, covering stories in the field, and telling stories through visuals.

This internship gave me the chance to face new challenges like working in busy environments, capturing the right shots under pressure, and understanding how to tell a story that people will want to watch. I also wanted to become more confident in handling cameras, doing fieldwork, and meeting deadlines.

More than just learning technical skills, I hoped this experience would help me grow personally. I wanted to learn how to adjust to different situations, work in a team, and accept feedback in a positive way. My goal was to finish this internship feeling proud of how much I had learned and grown as a video journalist and as a person.

What I Expected to Gain from This Internship

- A clear understanding of how a TV newsroom works
- Stronger skills in camera handling and video shooting
- Confidence in covering stories outside the studio (field coverage)
- Practical Knowledge of Live Broadcasting Equipment
- The ability to work quickly and meet tight deadlines
- Good teamwork and communication skills
- More trust in myself and my abilities as a video journalist

Host Organization: Ekhon Television

Ekhon Television is a 24/7 Bangladeshi news-based TV channel that focuses on delivering accurate, up-to-date, and engaging news content. Launched with the aim to bring a fresh and modern approach to news broadcasting, Ekhon Television quickly became a recognized name in the country's media industry.

The channel covers a wide variety of topics, including national and international news, politics, economy, sports, lifestyle, and entertainment. It focuses on real-time reporting, live coverage, and informative news packages that keep viewers informed and aware of what's happening around them.

Ekhon Television is known for its fast-paced newsroom and dedicated team of reporters, video journalists, anchors, and producers who work together to ensure high-quality journalism. The organization promotes professionalism, teamwork, and ethical reporting.

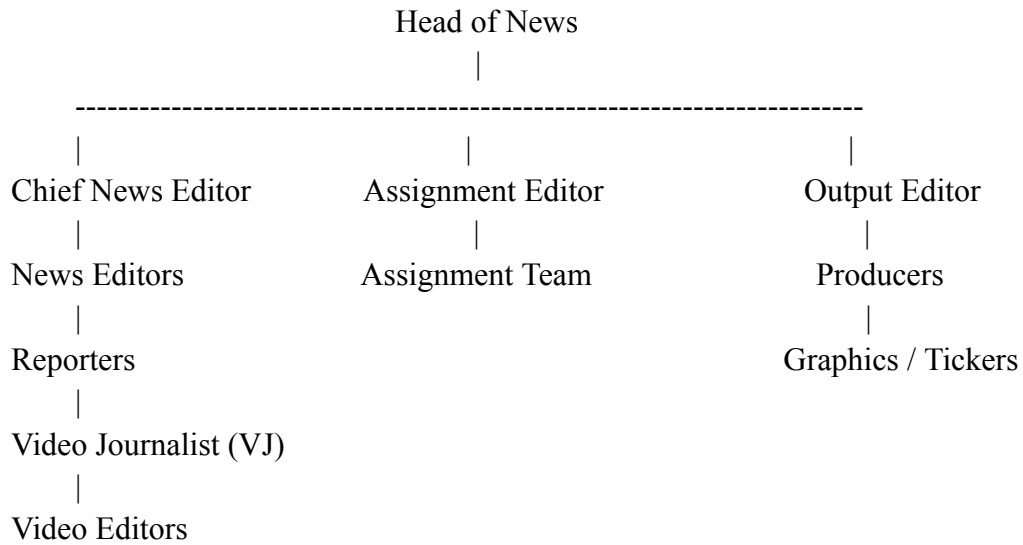
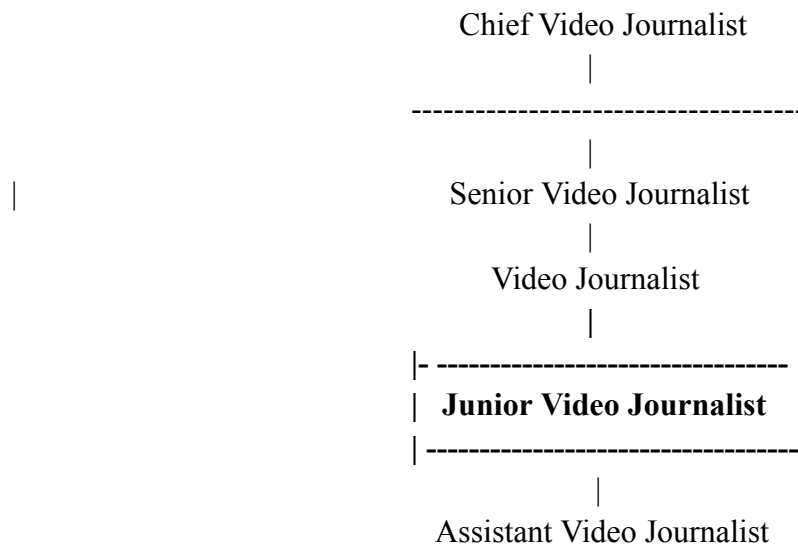
In addition to television broadcasting, Ekhon Television has a strong digital presence through its website, YouTube channel, and social media platforms. This helps the channel reach a wider audience both inside and outside Bangladesh.

As a modern news organization, Ekhon Television combines traditional journalism with new media tools to provide news that is timely, accurate, and visually appealing. Its focus on innovation and responsible reporting makes it a key player in the country's growing media industry.

Logo of the Organization



The Department Organogram



Work Environment at Ekhon Television

Working at Ekhon Television was not only a great learning experience, but it was fun. It was like another family where we can laugh and we can have fun. The atmosphere in the station was lively and full of energy. From the beginning, I felt welcomed and part of the team. Everyone was friendly, and no one acted too senior or distant. People called each other “bhaiya” and “apu,” which made things feel relaxed and informal.

Even though the work was fast-paced, it did not feel stressful all the time. There was always something exciting going on, whether it was rushing to cover a breaking story or editing footage just in time for a live segment. The whole process of collecting visuals, helping with reporting, and seeing the final story go live felt really rewarding.

What made it even better was the people. The team was supportive and helpful, and I never felt afraid to ask questions or make mistakes. We shared laughs during shoots, had tea breaks together, and supported each other when things got tough. It didn’t feel like a boring office; it felt like being part of a team that truly enjoyed what they did.

Overall, the work environment at Ekhon Television was exciting, supportive, and enjoyable. It made me look forward to coming in every day and gave me memories I’ll always value.

Tasks as an Intern

During my internship as a video journalist at Ekhon Television, my main responsibility was to shoot daily news stories and help bring those stories to life through visuals. I worked both in the field and sometimes in the studio or Production Control Room (PCR), supporting the team in different ways to ensure smooth news broadcasts.

Over the course of my internship, I carried out a variety of tasks related to video journalism:

- In the first few weeks, they gave me training in camera settings, PCR, program setup, tripod, and live broadcast equipment.
- I regularly went out to different locations for daily news packages and captured important events with the camera while making sure the footage was clear and engaging.
- Sometimes, I worked inside the studio, assisting in setting up shots, preparing for live broadcasts, and coordinating with anchors and producers.
- I spent time in the Production Control Room (PCR), learning how the technical team manages live broadcasts, switching between camera feeds, and ensuring that everything runs smoothly on air.
- And in outdoor events, coordinated with reporters to understand the story angles and decide what visuals were needed to best tell the story on screen.
- After shooting, I reviewed the footage carefully to select the best clips and worked with the editing team when needed to help finalize the video segments.

These tasks helped me develop a strong understanding of how video journalism works in a busy TV newsroom, and gave me hands-on experience with both fieldwork indoors and outdoors.

PROJECT -1

Title: অতিরিক্ত ভাড়া নেয়ার অভিযোগ সড়ক ও নৌপথে

Project Type: Package Assignment

Date Assigned: Jun 5, 2025

Date Published: Jun 5, 2025

Project Details:

My first assignment during my internship at Ekhn Television was to cover a field report on “অতিরিক্ত ভাড়া নেওয়ার অভিযোগ সড়ক ও নৌপথে” (allegations of overcharging on road and water transport) ahead of the Eid al-Adha festival. This was a major national event, and millions of people were traveling home to celebrate with their families. During this time, complaints about transport operators charging extra fares became a big issue, and our report focused on highlighting this public concern.

My reporter and I visited several transportation points, including busy bus terminals and launch ghats, where we talked to passengers about the difficulties they were facing. My main responsibility was to shoot visuals of the crowd, help conduct interviews, and capture the overall rush and emotion of holiday travel.

As my first outdoor assignment, it was both challenging and exciting. The environment was crowded, noisy, and fast-moving, but it gave me a real taste of what working in the field is like. I had to think on my feet, adjust camera angles quickly, and ensure that the footage clearly supported the story we were trying to tell. I also observed how my reporter handled interviews and adapted to unexpected situations on location. This project was a valuable learning experience. It showed me how news stories are built from the ground up, especially during big national events like Eid al-Adha. It also

helped me understand the impact of visual journalism in addressing issues that affect everyday people.

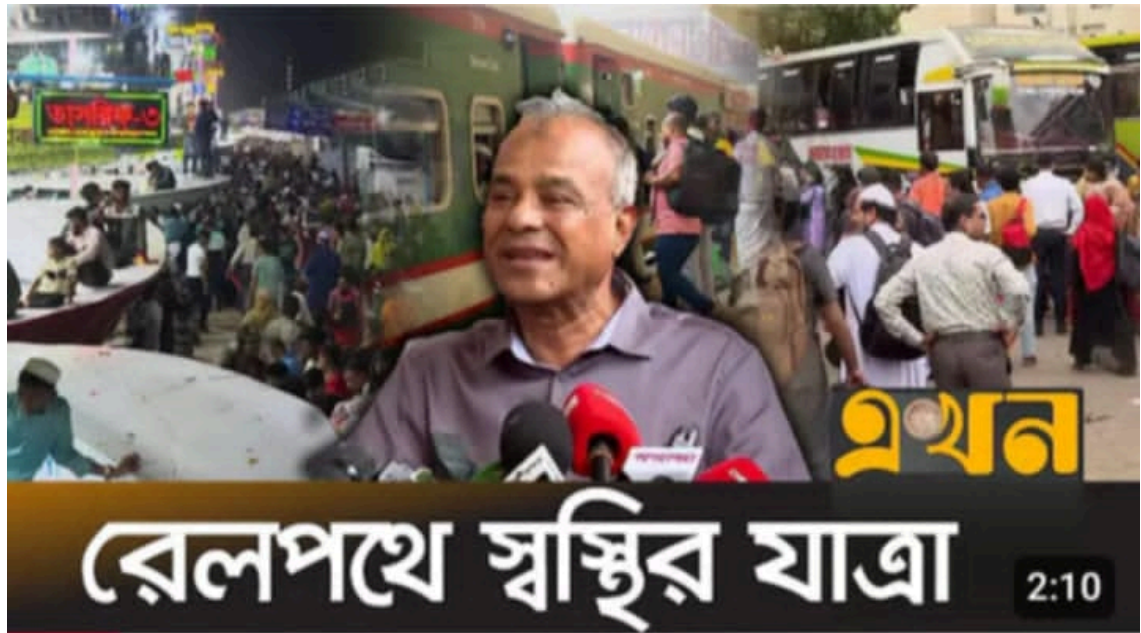


Image 1.1: Screenshot of News Thumbnail

Link : <https://rb.gy/48bro8>

Challenges

This is one of the busiest and most emotional times of the year, as millions of people across the country travel to their hometowns to celebrate Eid with their families. Naturally, this rush puts pressure on the transport system.

We started our coverage at Gabtoli Bus Terminal, where the roads were already packed with buses, private vehicles, and passengers. The traffic was heavy, and it was very difficult to move freely or find a good angle to shoot. People were in a rush, tired,

stressed, and eager to reach home. Despite the crowd and noise, I managed to capture visuals of long queues, overloaded buses, and short interviews with passengers.

Next, we moved to the Sadarghat Launch Terminal, which was even more crowded than the bus terminal. Thousands of people were pushing through the gates, carrying heavy bags, and trying to board launches with their families. The scene was intense and fast-moving, and I had to work quickly to capture meaningful visuals without getting in the way or losing balance. It was one of the fastest-paced shooting experiences I've faced so far. There was no time to set up perfect shots.

The biggest challenge was maintaining focus and camera stability in a constantly moving environment. People were rushing, sound levels were high, and there was barely any space to stand. Still, I managed to record powerful visuals that showed the reality of Eid travel in Bangladesh, full of emotion, pressure.

Mistakes

I focused too much on capturing perfect visuals and missed some natural moments that would've added more emotion and realism to the story.

- I didn't always double-check audio levels, especially in noisy outdoor locations, which led to some clips being difficult to use.
- I forgot to bring a backup battery for one of the field shoots, which limited how much footage we could capture that day.
- I hesitated to ask the reporter for help when I was unsure about something, which slowed me down in the early part of the assignment.

Feedback & Reviews

After completing my first field assignment on “অতিরিক্ত ভাড়া নেওয়ার অভিযোগ সড়ক ও নৌপথে” during Eid al-Adha, I collected detailed feedback from a few seniors in my department. As this was my first real outdoor news coverage, their insights were extremely valuable and helped me understand both what I did well and what I needed to work on.

Mamun Bhai (Senior video journalist) praised my ability to capture the urgency and environment of the assignment. They appreciated how I handled the camera in a crowded, fast-moving setting and said that my framing and movement showed good potential. They noted that I stayed calm even in tough conditions, which is a key quality for any field journalist.

Another senior focused on the technical side, especially the audio. While they were satisfied with most of the visuals, they pointed out that some interviews had background noise issues, which made a few clips hard to use. They reminded me of the importance of checking mic placement and monitoring audio constantly during recording, especially in noisy areas like terminals and ghats.

Their feedback wasn't just about pointing out mistakes; it was also about showing me how to grow. It made me more confident and helped me approach my next assignments with a clearer sense of purpose and professionalism.

Learnings

- I learned that in video journalism, capturing real, natural moments is often more powerful than overly planned shots.
- I understood how important it is to check equipment thoroughly, especially sound, before and during every shoot.
- I gained confidence in asking questions and working closely with reporters. Collaboration made the job easier and the output better.
- I realized that good reporting isn't just about visuals, it's also about timing, accuracy, and understanding the context of the story you're telling.

PROJECT - 2

Project Title: অতিরিক্ত ভাড়া নেয়ার অভিযোগ সড়ক ও নৌপথে

Project Type: Live broadcast

Date Assigned: Jun 5, 2025

Date Published: Jun 5, 2025

Project Details

My first assignment during my internship at Ekhn Television was to cover a field report on “অতিরিক্ত ভাড়া নেওয়ার অভিযোগ সড়ক ও নৌপথে” (allegations of overcharging on road and water transport) ahead of the Eid al-Adha festival. This was a major national event, and millions of people were traveling home to celebrate with their families. During this time, complaints about transport operators charging extra fares became a big issue, and our report focused on highlighting this public concern. So the channel wanted to highlight the issue by showing real-life examples live on TV.

Because this was a live broadcast, I had to be very careful to keep the camera steady, focused, and ready at all times. It was important to show the viewers the real situation as clearly and quickly as possible. I worked closely with reporters to make sure the live feed went smoothly. Sometimes I had to change camera angles fast or follow moving subjects to keep the story interesting. I also handled technical equipment like microphones and lights, a backpack to maintain good video quality. The whole experience taught me how challenging but exciting live TV work can be.



Image 2.1: Screenshot of News Thumbnail

Link : <https://shorturl.at/Vhy5A>

Challenges

Live reporting is very challenging because everything happens in real-time without any chance to redo or fix mistakes easily. During this project, one big challenge was dealing with unpredictable environments. Outdoor locations like boat terminals were crowded and noisy. Sometimes the lighting was poor, or the weather was not good, making it difficult to get clear shots.

Another challenge was keeping the camera steady while moving between different places quickly. I had to be alert to capture important moments without losing focus. Time pressure was also a major challenge. Live broadcasts require strict timing to fit into the program schedule. I had to prepare quickly, set up equipment fast, and adjust to

sudden changes like shifting camera angles or unexpected actions from the crowd. Any delay or technical problem could affect the quality of the broadcast.

Doing this live, I had to connect from PCR, and communication with the team was critical but sometimes difficult due to background noise and the fast pace of the event. Coordinating with the reporter and PCR team required clear signals and quick decisions.

Live Streaming Mistake

During one of my early experiences with live streaming, the main mistake was a focus error. During one moment of the live report, I accidentally defocused the main subject, which made part of the footage blurry. This distracted viewers and lowered the video quality briefly.

Another mistake was not preparing enough backup shots before going live. Because I was focused on the live feed, I missed capturing some alternative angles or reactions that could have been used if something went wrong. This limited the options for the production team.

Review and Feedback

After the stream, I called my senior from my department and told them about everything, and they gave me immediate feedback. Instead of being harsh, they were supportive and explained that such mistakes are part of the learning process, especially in live production, where everything happens in real-time. They reminded me to always double-check focus right before going live, keep calm under pressure, and avoid rushing any adjustments during transmission.

From that experience, I learned how important it is to stay fully alert and composed during live work. I also understood the need to build muscle memory for checking technical settings quickly and accurately. Their guidance helped me become more confident and careful in future live tasks.

Learnings

- Small mistakes can happen in live production, so it's important to stay calm and focused.
- Always check the focus and other settings before going live to avoid errors.
- Take your time when making adjustments. Rushing can lead to mistakes.
- Mistakes are part of the learning process. The key is to learn from them and improve.
- Getting feedback from experienced colleagues can help you grow and boost your confidence.

PROJECT- 3

Title: উল্টো রথযাত্রা ঢাকেশ্বরী মন্দির

Project Type: Package Assignment

Date Assigned: July 6, 2025

Date Published: July 6, 2025

Project Details

I was assigned to cover the traditional event উল্টো রথযাত্রা at ঢাকেশ্বরী মন্দির. My role was to capture the full environment of the festival, the crowd, religious activities, and cultural expressions. This event is significant for the Hindu community and is celebrated with great devotion and colorful traditions. The purpose of covering this event was to highlight the spiritual and cultural importance of this journey to a wider audience. Covering the Ulto Rath Yatra, my main responsibility was to capture the entire procession from start to finish.

I found this topic as it combines religion, culture, and community engagement. The Ulto Rath Yatra is an important festival where devotees pull a massive chariot in a reverse direction to honor Lord Jagannath.

Old Dhaka, such a crowded environment, wasn't easy. I had to stay alert, constantly adjusting the camera to keep the footage steady while also making sure the images were clear and the lighting was just right. With so many moving parts, people pulling the crowds gathering, and the sound of chants and drums, it was important to ensure the visuals didn't get lost in the chaos.

It was not just a public spectacle, but a shared religious celebration that connected people from different communities.



Image 3.1: Screenshot of News Package

Link- <https://shorturl.at/880PV>

Challenges

Covering an outdoor religious event like ‘উল্টো রথযাত্রা’ came with its own set of challenges. One of the biggest challenges was managing the crowd. The area was very busy with hundreds of people walking, praying, singing, and pulling the chariot. I had to find the right spots to position myself so that I didn’t block the view or disturb the rituals while still capturing good visuals.

Another challenge was keeping the equipment safe and functional in the heat and among so many people. Because it was an open event, there was dust, sweat, and constant movement. I had to frequently clean the camera lens and manage the tripod in tight spaces. Keeping balance while moving with the crowd and filming was also difficult.

It was also challenging to maintain steady shots because I had to walk and record at the same time. There was also background noise from microphones, drums, and the crowd, which made it difficult to record clean audio if needed.

The event had a specific schedule, but the flow of the procession was not always predictable. This meant I had to be ready for unexpected moments, such as special rituals or spontaneous reactions from the crowd, which needed to be captured in real time.

Mistakes

I struggled to maintain steady shots while navigating through the crowded streets of Old Dhaka. I often found it difficult to balance the camera's stability with the need to move quickly to capture key moments. This resulted in some shaky footage, which impacted the visual quality of the final outcome.

I sometimes failed to anticipate sudden changes in the procession, leading to missed shots of important rituals or emotional reactions from the participants. This was especially challenging when people were gathered in large crowds, and I couldn't get to the right position quickly enough. At times, I focused too much on capturing intricate details, trying to make shots visually complex instead of prioritizing simplicity and clarity.

I struggled with lighting adjustments, especially when moving between shaded areas and sunny spots. Some of the footage ended up either overexposed or too dark, which affected the overall visual quality of the video. I missed capturing a few significant moments, such as emotional reactions from the devotees or special rituals that happened unexpectedly.

Feedback & Reviews

After completing this project, I shared the footage with my seniors from my department. They watched my work and gave me some useful feedback. They appreciated how I covered such a crowded and active event and said I managed everything very well. They liked my choice of angles in some scenes and how I captured people's emotions, especially during the rituals.

However, they also gave me some advice for improvement. One senior told me that during these kinds of events, I need to be steadier with my camera work. So, I have to always be in steady mode. Moving shots are okay when needed, but I must focus more on keeping the camera stable and holding long shots so that the audience can clearly understand what is going on.

Another senior advised me to make my shots longer in general. He said that quick cuts or fast-moving shots can confuse the viewers, especially during traditional events. Long, calm shots give people time to take in the atmosphere and connect with the visuals emotionally.

Their feedback really helped me understand how my work is viewed by professionals, and I took their advice seriously. I started practicing longer shots and steadier movements in my later assignments. Their support and honest opinions helped me grow and build confidence in my abilities.

Learnings

This project taught me many new things, both technically and culturally. One of the main lessons I learned was the value of long and steady shots in outdoor videography. Longer shots give the audience more time to feel the emotion and understand the story. It also helps the editors during post-production by giving them more usable footage and avoiding shaky footage and maintaining a professional visual quality.

I also learned that when covering cultural or religious events, it is very important to do some research before filming. Understanding what is going to happen and when helps in better planning of camera angles and shot sequences. It also helps me avoid missing key rituals or emotional moments.

Another thing I learned is how to manage physical stress while filming. Walking long distances, standing in one place for a long time, and holding heavy equipment in the sun are not easy. I learned how to keep myself prepared with water, take short breaks when needed, and manage my energy wisely.

Filming during the daytime meant I had to constantly adjust to changing lighting as the procession moved through different areas. I learned how to quickly adjust exposure settings to ensure the video remained visually appealing throughout, especially when transitioning from shaded areas to direct sunlight.

PROJECT- 4

Title: উল্টো রথযাত্রা ঢাকেশ্বরী মন্দির

Project Type: Live broadcast

Date Assigned: July 6, 2025

Date Published: July 6, 2025

Project Details

I was assigned to cover the traditional event উল্টো রথযাত্রা at ঢাকেশ্বরী মন্দির. My role was to capture the full environment of the festival, the crowd, religious activities, and cultural expressions. This was a major event for the Hindu religion. So the channel wanted to show real-life examples live on TV.

Because this was a live broadcast, I had to be very careful to keep the camera steady, focused, and ready at all times. It was important to show the viewers the real situation as clearly and quickly as possible. I worked closely with reporters to make sure the live feed went smoothly. Sometimes I had to change camera angles fast or follow moving subjects to keep the story interesting. I also handled technical equipment like microphones and lights, and a backpack to maintain good video quality. The whole experience taught me how challenging but exciting live TV work can be.

Link - <https://shorturl.at/VYQHA>

Challenges

Covering an outdoor religious event like ‘উল্টো রথযাত্রা’ came with its own set of challenges. One of the biggest challenges was managing the crowd. The area was very busy with hundreds of people walking, praying, singing, and pulling the chariot. I had to find the right spots to position myself so that I didn’t block the view or disturb the rituals while still capturing good visuals.

Another challenge was keeping the equipment safe and functional in the heat and among so many people. Because it was an open event, there was dust, sweat, and constant movement. I had to frequently clean the camera lens and manage the tripod in tight spaces. Keeping balance while moving with the crowd and filming was also difficult.

It was also challenging to maintain steady shots because I had to walk and record at the same time. There was also background noise from microphones, drums, and the crowd, which made it difficult to record clean audio if needed.

The event had a specific schedule, but the flow of the procession was not always predictable. This meant I had to be ready for unexpected moments, such as special rituals or spontaneous reactions from the crowd, which needed to be captured in real time.

Mistakes

This assignment was not easy to film because the roads were blocked, and everyone was very excited. People were dancing, singing, and enjoying themselves, which made

the place very noisy and crowded. Since it was a very important event that day, our team decided to do a live broadcast to show the real atmosphere to the viewers.

The first problem I faced was with my camera. I was using a **Sony PXW-Z280**, which is a professional camera but very heavy. Carrying it for a long time was tiring and made it hard to move quickly through the crowded streets. Because of this, sometimes it was difficult to keep the camera steady and get smooth shots.

Also, I struggled with lighting adjustments, especially when moving between shaded areas and sunny spots. Some of the feed ended up either overexposed or too dark, which affected the overall visual quality of the live broadcast.

Feedback & Reviews

When I came back from my assignment to my office, I got some helpful and positive feedback from my seniors. They were happy with how I managed to work in such a crowded and busy place. They said I did a good job showing the real vibe of the festival through the camera. Even though it was a difficult environment, I was able to keep the footage steady and focused, which helped the live broadcast look smooth and professional.

My teamwork was also appreciated. I stayed in good communication with the reporter and the rest of the crew, which helped us manage the live coverage without any major problems. They said I stayed calm even when things got hectic, and that's important during a live event.

At the same time, they gave me some tips for improvement. One point was to practice more with camera movement in crowded areas and to work on adjusting lighting when moving between bright and dark areas. They told me to use a flirter when it was sunny

outside. In the “**Sony PXW-Z280**,” there were 3 filters to use in sunlight. So they advised me to be quicker with those changes next time.

Learning

- Operate a professional video camera (Sony PXW-Z280) in a real, high-pressure environment.
- Stay alert and focused during long shoots, especially when things are constantly changing.
- Work closely with a live team, including reporters and technical staff, and understand how important communication is during a live event.
- Capture natural, real-time visuals while being respectful of the people, culture, and religious practices around me.
- Manage equipment in difficult conditions like heat, dust, noise, and movement.

I also realized that mistakes are part of the learning process. Whether it was about camera handling, lighting issues, or sound problems, each challenge helped me understand what to do better next time.

PROJECT- 5

Title: PCR Control

Project Type: Live broadcast control, colour correction

Date Assigned: July, 2025

Date Published: July 6, 2025

Project Details

The Production Control Room (PCR) is the heart of any television studio, where the technical team manages and controls live or recorded productions. During my internship, I had the opportunity to observe how each person in the PCR plays a specific and essential role in ensuring the final broadcast is smooth, professional, and error-free. The team in the PCR helps control everything during a live or recorded show.

1. Director

The Director is the main decision-maker during a live production. They give commands to the entire crew and control the flow of the program. The director decides which camera angle to use, when to switch shots, when to cue the anchors or reporters, and how to manage transitions between segments. Their job requires strong leadership, quick thinking, and clear communication.

2. Technical Director (Switcher Operator)

The Technical Director, also known as the Switcher Operator, works with the director and operates the video switcher. This person is responsible for executing the director's commands by switching between camera feeds, adding visual effects, overlays, and

transitions during the broadcast. Their timing must be precise, especially during live segments.

3. Audio Engineer

The Audio Engineer controls all the sound elements in the production. They manage the microphones for anchors and reporters, background music, sound effects, and any external audio feeds. They make sure the audio levels are balanced and clear for the audience. Any mistake in audio mixing can impact the entire production.

4. Graphics Operator

The Graphics Operator handles all the on-screen visuals like titles, nameplates (lower thirds), logos, and animated graphics. They prepare these elements in advance and display them during the broadcast at the right moment. Accuracy is key, especially when displaying names, scores, or live updates.

5. Teleprompter Operator

In some studios, a Teleprompter Operator helps control the speed and flow of the script on the screen that anchors read from. They need to stay in sync with the presenter to ensure smooth delivery.

Video Journalist: My duty in the studio is to **perform** color correction, control the live broadcast, and make sure everything runs smoothly. I stay in touch with the video journalist by making phone calls and giving instructions when needed. I help guide the team so the news looks good and follows the plan. I also advise the shoot, such as where to focus or when to change shots. Make sure the video looks clear and the colors are correct. All these jobs help the news look professional.

PCR (Production Control Room) Few Pictures -



Image 5.1: Production Control Room (PCR)



Image 5.2: Production Control Room (PCR)

Challenges

Sometimes, I face many challenges while working in the studio. When I connect with a video journalist during a live broadcast, it can be hard to talk to them. If they are covering a festival or event, the place is often very loud, and they can't hear my instructions clearly. This makes it difficult to guide them. Also, sometimes they are in dangerous areas, and I must be very clear and calm while giving directions. My job is not just about making the show look good but also about helping to keep the team safe while working.

When I confer with more than two people, it's hard to direct them properly. That time I had to call them by their name. One miscommunication can

Mistake

In the PCR (Production Control Room), we always receive a detailed news roster before the broadcast starts. This roster clearly shows the timing for each live segment, including when to switch to different cameras or video feeds. My responsibility was to follow this timing carefully to ensure a smooth live broadcast. However, during my first few days in the PCR, I struggled to match the timing perfectly. Sometimes, I was a little late switching the cameras or missed cues, which affected the flow of the program.

Another important task was color correction. At Ekhon Television, the management places a strong emphasis on video quality, especially the accuracy and consistency of colors. Since this was new to me, I found it difficult to adjust colors properly in the beginning. The colors sometimes appeared too dark, too bright, or uneven across different shots, which could distract viewers.

Feedback & Reviews from Seniors

My seniors knew that I was not comfortable working in the PCR during my first few days. To help me, they stayed with me in the PCR, guiding me step-by-step and giving me support during live broadcasts. Their presence made me feel less nervous and more confident. They taught me some important patterns and techniques for color correction, explaining how to make the video look clear and natural. They always encouraged me not to give up, even when things were difficult or stressful.

My seniors also sent me to the PCR regularly so I could better understand how the control room works and get used to the fast-paced atmosphere. Their patient guidance and encouragement helped me improve my skills and feel part of the team.

One of the most important moments was during the Uttara plane crash coverage, a tragic event where many children lost their lives. Our channel broadcast live all day, covering the tragedy, and I stayed calm and focused throughout the entire broadcast. At the end of the day, a few of my seniors complimented me on my performance, saying I did a very good job handling the live broadcast during such a difficult time. Their praise made me feel proud and motivated to keep improving.

Learnings

These mistakes were natural as I was still learning to work under the pressure of a live broadcast environment. But as I gained more experience, I practiced carefully reviewing the news roster ahead of time, paying closer attention to the timing and cues. I also spent time learning the color correction tools and techniques used by the station. Slowly, I improved my skills and became more confident in managing these responsibilities. These early challenges helped me understand the importance of preparation, attention to detail, and quick decision-making in live TV production.

PROJECT - 6

Title: High Court | Milestone Issue

Project Type: Daily Package Assignment

Date Assigned: July 22, 2025

Date Published: July 22, 2025

Project Details

One of my most important assignments during my internship at Ekhn Television was to cover a legal development related to the tragic Uttara plane crash, where many people, including children, lost their lives. Our coverage aimed to highlight this milestone in the ongoing legal process.

I was assigned to go to the High Court area with a reporter to cover the story from the ground. My role was to shoot relevant visuals, including scenes of the court premises, the legal teams, journalists, and the overall environment outside the courtroom.

This was a different kind of field assignment compared to covering festivals or street events. The mood was serious, and we had to be very careful and respectful while capturing visuals, especially since the topic involved grief, justice, and national concern. Communication with the studio was constant, and I had to make sure my camera work was steady, clear, and broadcast-ready.

This experience taught me how sensitive stories are handled in broadcast journalism. I learned the importance of respecting legal boundaries while still capturing powerful visuals that tell the story. It also helped me see the value of responsible journalism—how it can push important issues, like compensation for victims, into public and legal attention.



নি-হতদের ৫ কোটি ও আহতদের ১ কোটি টাকা ক্ষতিপূরণ কেন নয়, হাইকোর্টের রুল | High Court |
Milestone Issue



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Image 6.1: Screenshot of News Package

Link - <https://short-link.me/1bKER>

Challenges

This outdoor court reporting was one of the more challenging assignments during my internship, mainly because it was a hot topic with national attention. The High Court's ruling about compensation for the Uttara plane crash victims attracted reporters, and almost every TV channel was there. As a result, the court area was extremely crowded, and finding a good spot to set up the camera was my first major challenge. I had to move quickly and carefully to secure a strong frame angle without blocking others or losing visual quality.

Another challenge was dealing with technical issues, especially microphone frequency conflicts. Since so many channels were present, sometimes our wireless mic signal would interfere with others, or their signals would match ours. This could create sudden audio problems, especially when trying to record live reactions or ambient sound. I had to stay alert.

Since we were covering a developing legal case, I had to stay updated in real time, make quick decisions on framing and content, and adjust camera settings on the go. There was no space for error.

Mistake

Since this was one of my first assignments covering a court-related issue, I made a few small mistakes that I later learned from. One of the main issues was not securing a camera position early enough. Because many other news channels were already there and had taken better spots, I had limited space to shoot. As a result, some of my early footage wasn't well-framed, and I had to reposition quickly to improve the shots.

Another mistake was related to audio monitoring. With so many news crews around, the wireless mic frequencies were overlapping, and I didn't check our signal properly at first. This caused minor sound interference in a few clips, which had to be fixed later during editing. After this, I became more alert and started checking audio levels more carefully in similar crowded environments.

Feedback & Reviews

After completing the assignment, I shared my work with my seniors at Ekhon Television. They appreciated my effort to cover such a serious and sensitive topic with respect and professionalism. They liked how I managed to capture clear and meaningful visuals despite the crowded and challenging environment. And also, they gave me a little advice for my next project. Like,

- They suggested arriving earlier to get better camera positions
- Double-check all equipment, especially audio gear, to prevent signal interference and not match with others' frequencies.
- Always stay alert and ready to adjust quickly to sudden changes in the environment or the story.
- Communication: Improve communication with the other Video journalists and reporters, because sometimes, maybe we're not getting the footage so that we can copy from the camera.
- Prepare backup shots and alternative angles before going live to handle unexpected situations.

Learnings

This assignment taught me many important lessons about working, especially when covering serious and sensitive topics like legal cases. I learned the importance of respecting the environment and the people involved. When dealing with issues of grief and justice, it is crucial to be professional, careful, and thoughtful in how you capture and show the story. I also realized how important it is to be quick and organized in crowded places. Since many reporters and camera crews were present at the High

Court, finding a good spot to film without disturbing others or blocking views was a big challenge.

On the technical side, I learned how critical it is to check and manage audio equipment carefully. In a crowded media environment, wireless microphones can interfere with each other, so constant monitoring is necessary to avoid audio problems during live or recorded broadcasts. Another key learning was the need to stay updated and flexible. Legal cases develop quickly, and sometimes unexpected moments happen. This project helped me understand the responsibility that comes with covering sensitive national issues.

PROJECT- 7

Title: Ekhon Prokash

Project Type: Talkshow (Live Broadcast)

Date Assigned: July 20, 2025

Date Published: July 20, 2025

Project Details

As part of my internship at Ekhon Television, I worked on the live talk show **Ekhon Prokash**, one of the station's regular studio-based programs. It features discussions on current affairs, politics, and social issues with invited guests and expert panelists. My job during this project was to assist in the live production process from the studio floor.

I helped with setting up the studio before going live, camera positions, and set design. During the live broadcast, I operated one of the studio cameras. My role was to follow the producer's instructions clearly, adjust framing depending on which guest was speaking, and ensure smooth transitions between shots.

Everything had to be well-timed because it was live. I had to be careful about camera focus, avoiding shaky movements, and keeping proper headroom and framing throughout the program.

This project gave me a better understanding of how live talk shows are managed behind the scenes. It also taught me how important teamwork is when producing a live program with multiple guests and limited time.



Image 7.1: Screenshot of Ekhn Prokash

Link- <https://short-link.me/17iEY>

Challenges

I love to work in Ekhn Prokash because it is an interesting talk show. Where different kinds of people attended and shared their opinions on a particular topic. Most challenges in this live broadcast talk show were that the VJ (Video Journalist) always had to be ready because there was a switching camera and an operating camera, which was preferred by the producer who controlled the program. We have to be alert every time, as one wrong operation will destroy the program. The live talk show program was time-based, like Ekhn prokash is a 50-minute show, so we have to finish it within 50 minutes.

Mistakes

In this project, I didn't make any major mistakes, but since **Ekhon Prokash** is a live talk show, I had to stay alert every second. Even though everything went smoothly during the broadcast, I knew that one small distraction could have caused a visible error on screen.

There were moments when I felt nervous, especially while switching shots or adjusting focus based on the producer's commands. I didn't make any obvious errors, but I knew I had to be extremely careful to avoid them. In a live program, there's no second chance, so being even a few seconds late in following instructions can affect. Working in such a high-pressure, no-retake environment helped me understand the importance of mental focus, fast reflexes, and strong communication with the team. Even though I completed the task without mistakes, I know that every live session is a learning experience, and there's always room to improve.

Feedback & Reviews

After the live broadcast of **Ekhon Prokash**, I received helpful feedback from the studio producer (Anwar bhai) and my senior colleagues. They appreciated how I followed instructions during the live show and stayed focused under pressure. They said I handled the camera responsibly and kept my cool even when things got a little stressful.

However, they also pointed out a few things I could improve. One main suggestion was to respond a bit faster when switching camera angles. In live shows, timing is everything, so even a small delay can affect.

They also reminded me to pay more attention to framing, especially keeping the right headroom and making sure guests are centered properly in the shot. Another small point they made was to double-check all mic and light placements before the show starts, even if someone else is assigned to it. In a team environment, everyone shares responsibility.

Learnings

This project taught me the importance of being fully focused and alert during a live broadcast. In a talk show like **Ekhon Prokash**, everything happens in real time, so there's no room for mistakes or delays. I learned how important it is to follow the producer's instructions quickly and accurately, especially when switching between cameras on different guests. I also learned how studio teamwork works in real-time. Communication between the camera team, audio team, and control room has to be smooth. Even a small misunderstanding can lead to technical issues or awkward moments on air. This experience helped me understand how important clear signals and timing are in a studio setup.

Another key thing I learned was how to stay calm under pressure. The studio environment may look quiet on screen, but behind the scenes, everyone is working fast. I learned how to manage my nerves, focus on my camera work, and respond quickly when things change.

PROJECT- 8

Title: “মোহাম্মেডানকে শিরোপা দেওয়া দিয়াবাত্তে এবার আবাহনীতে”

Project Type: Daily Package

Date Assigned: Aug 10, 2025

Date Published: Aug 10, 2025

Project Details :

This project was part of my regular internship assignments involving daily news coverage. In this project, we cover an Abahani football club training session. That training session was at the national stadium. All the players of the Abahani football club came there for a training session. The report focused on the team’s preparation for their upcoming match and highlighted the presence and performance of key players, including Diabate, who previously played a crucial role in securing a title for Mohammedan and is now with Abahani. The project followed the daily package format, requiring a same-day shoot, edit, and publish workflow. All players of Abahani were present at the session, creating a vibrant and engaging environment for coverage. Our task involved capturing visuals of warm-ups, team discussions, and close-ups of individual players.

Covering such a professional-level training session gave me a deeper understanding of sports journalism and field reporting. It also helped me improve my ability to tell a visual story that connects viewers with the emotional and physical intensity of the game. The project was both challenging and rewarding, allowing me to apply technical skills in a real-world sports media environment.



মোহাম্মেডালকে শিরোপা দেওয়া দিয়াবাত্তে এবার আবাহনীতে | Abahani | Souleymane Diabate | Bangladesh Football



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Image 8.1: Screenshot from News Package

Link- <https://short-link.me/1bKFr>

Challenges :

The training session starts at 3:00 PM and comes with a few real challenges. Since it was a bright and sunny day, handling the camera in direct sunlight was difficult. The strong sunlight caused overexposure in some shots, and I had to constantly adjust the white balance and color settings to get a clear and natural look. Shadows and brightness changed quickly as players moved, which made it tricky to keep the exposure balanced.

Another issue was the heat. It wasn't just uncomfortable for me as a cameraperson, but also affected the equipment. The camera heated up faster than usual, and I had to be

careful not to let it overheat or malfunction. Sweaty hands also made handling the camera less stable at times.

Because it was an open field, there were very few shaded areas, so I had to keep moving to find good angles without too much sun glare. Changing positions frequently was physically tiring, especially while carrying the equipment.

Also, since it was a training session, I didn't want to disturb the players, so I had to shoot from a respectful distance while still trying to get dynamic and close-up shots. Timing and positioning were important so I could follow the action without interrupting it.

Mistakes

- I didn't adjust the camera settings quickly enough when the lighting changed, so some shots were either too bright or lacked proper color balance. This affected the overall quality of a few important clips.
- I forgot to clean the camera lens before the shoot. Because we went there in a car and there was air conditioning, where the camera got cold, but when I took it outside, where it was hot, that's why the camera got foggy.
- I didn't carry an LCD cap. LCD caps are better to use, particularly in bright sunlight.

Feedback and Review

After noticing the issues with camera fogging, Anis Bhai advised me to always let the camera adjust to the outside temperature before starting to shoot. He explained that sudden temperature changes, like moving from an air-conditioned space to a hot

outdoor location, can cause problems with the lens. So, we can put a camera in the car so that it can be warm and it can adjust to the outside weather.

My colleague pointed out the difficulties I faced with brightness and screen visibility. He advised me to always carry essential accessories like an LCD cap, especially for outdoor assignments. She also reminded me to manually check and adjust white balance, shutter speed, and exposure regularly instead of relying on auto settings. He emphasized the importance of preparation and said, *“A professional doesn’t wait for a mistake to learn — they prevent it in the first place.”* His advice helped me realize how discipline and routine can make a big difference in the field.

Learning :

- Learned how to handle a camera in bright outdoor conditions by manually adjusting white balance, exposure, and shutter speed.
- Understood the importance of carrying essential accessories like an LCD cap for better visibility in sunlight.
- Realized the impact of temperature changes on equipment, especially how moving from an air-conditioned space to hot weather can cause lens fogging.
- Gained experience in maintaining a respectful distance during live sessions to avoid disturbing players while still capturing good footage.
- Improved my awareness of how small mistakes can affect the final output and how to avoid them in future assignments.
- This training session gave me a deeper understanding of sports journalism.

Internship Outcome

My internship as a Video Journalist at Ekhon Television has been a rewarding and transformative journey. I had the opportunity to work in both the Studio and in the field, covering various outdoor events and festivals. This dual experience gave me a clear understanding of how the newsroom and field teams work together to produce live news content. In the beginning, I faced some difficulties, especially inside the PCR, where timing, coordination, and technical accuracy are very important. However, with the help and guidance of my seniors, I gradually learned how to manage live broadcasts, handle color correction, and give instructions to reporters with confidence.

I was also assigned to cover outdoor events and festivals, which helped me understand the challenges of working in the field, such as dealing with crowds, capturing the right visuals, and communicating clearly with the PCR team under pressure. These outdoor assignments helped me grow more confident with camera work and visual storytelling.

During the internship, I gained several important skills, including:

- Learned how live news broadcasts are managed inside the PCR.
- Improved my timing and communication during live coverage.
- Gained practical experience in color correction and visual quality control.
- Covered outdoor events and festivals, helping me understand real field conditions.
- Learned how to manage sudden changes or technical issues during field reporting.

- Stayed calm and focused during serious news coverage, such as the Uttara plane crash, where I received appreciation from my seniors for my live handling.
- Improved my video framing, voice-over delivery, and interview techniques.
- Developed teamwork, multitasking, and decision-making skills under pressure.

Overall, this internship helped me grow both professionally and personally. I now feel more prepared for a career in journalism, with a better understanding of both studio and field production environment

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 ☐ On Time
 ☐ Late
 ☐ Absent
 ☐ Leave

#	Date	Day	Shift	Work Time	In Time	In Loc	Out Time	Out Loc	Remarks
1	01-Jun-2025	Sun	G	07:44:00	10:00 AM		05:44 PM		Late Entry & Early Out
2	02-Jun-2025	Mon	G	05:43:00	06:09 PM		11:52 PM		Late Entry & Early Out
3	03-Jun-2025	Tue	G	08:52:00	12:03 AM		02:52 PM		Early Out
4	04-Jun-2025	Wed	G	09:13:00	02:03 PM		11:16 PM		Late Entry & Early Out
5	05-Jun-2025	Thu	G	07:51:00	11:52 AM		07:43 PM		Govt. Holiday (Eid-ul-Azha)
6	06-Jun-2025	Fri	O	08:08:00	06:06 AM		02:14 PM		Govt. Holiday (Eid-ul-Azha)
7	07-Jun-2025	Sat	G	00:00:00	11:43 AM				Govt. Holiday (Eid-ul-Azha)
8	08-Jun-2025	Sun	G	00:01:00	05:51 PM		05:52 PM		Govt. Holiday (Eid-ul-Azha)
9	09-Jun-2025	Mon	G	09:58:00	03:58 AM		03:58 PM		Govt. Holiday (Eid-ul-Azha)
10	10-Jun-2025	Tue	G	08:00:00	11:53 AM		07:53 PM		Govt. Holiday (Eid-ul-Azha)
11	11-Jun-2025	Wed	G	08:02:00	05:57 AM		02:02 PM		Early Out
12	12-Jun-2025	Thu	G	01:31:00	09:50 PM		11:21 PM		Late Entry & Early Out

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E-RECRUITMENT

16973 - Md. Likhon

13	13-Jun-2025	Fri	O	00:00:00	06:06 AM				Day Off
14	14-Jun-2025	Sat	G	07:49:00	11:57 AM		07:46 PM		Late Entry & Early Out
15	15-Jun-2025	Sun	G	07:58:00	08:01 AM	Spice TV 5th Floor Exit, City Park Lane	01:59 PM	Spice TV 5th Floor Exit, City Park Lane	Early Out
16	16-Jun-2025	Mon	G	05:49:00	05:55 PM	Spice TV 5th Floor Exit, City Park Lane	11:44 PM		Late Entry & Early Out
17	17-Jun-2025	Tue	G	07:45:00	12:09 PM	Spice TV 5th Floor Exit, City Park Lane	07:54 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
18	18-Jun-2025	Wed	G	07:46:00	08:23 AM	Spice TV 5th Floor Exit, City Park Lane	02:09 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
19	19-Jun-2025	Thu	G						P-JOM, Day Off
20	21-Jun-2025	Sat	G						On Leave
21	22-Jun-2025	Sun	G						On Leave
22	23-Jun-2025	Mon	G	07:56:00	11:55 AM	Spice TV 5th Floor In, City Park Lane	07:51 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
23	24-Jun-2025	Tue	G	07:05:00	12:05 PM	Spice TV 5th Floor Exit, City Park Lane	07:10 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
24	25-Jun-2025	Wed	G	08:32:00	06:04 AM	Spice TV 5th Floor In, City Park Lane	02:36 PM	Spice TV 5th Floor Exit, City Park Lane	Early Out
25	26-Jun-2025	Thu	G						P-JOM, Day Off
26	27-Jun-2025	Fri		05:43:00	06:07 PM	Spice TV 5th Floor Exit, City Park Lane	11:50 PM	Spice TV 5th Floor In, City Park Lane	Day Off

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27	28-Jun-2025	Sat	G	07:53:00	03:07 AM	Spice TV 5th Floor In, City Park Lane	01:53 PM	Spice TV 5th Floor In, City Park Lane	Early Out	
28	29-Jun-2025	Sun	G	05:38:00	06:04 PM	Spice TV 5th Floor Exit, City Park Lane	11:42 PM		Late Entry & Early Out	
29	30-Jun-2025	Mon	G	06:04:00	01:50 AM	Spice TV 5th Floor In, City Park Lane	02:04 PM	Spice TV 5th Floor In, City Park Lane	Early Out	
30	01-Jul-2025	Tue	G	11:13:00	12:07 PM	Spice TV 5th Floor Exit, City Park Lane	11:20 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out	
31	02-Jul-2025	Wed	G	07:35:00	12:14 PM	Spice TV 5th Floor Exit, City Park Lane	07:49 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out	
32	03-Jul-2025	Thu	G						P-IOM, Day Off	
33	04-Jul-2025	Fri		06:10:00	05:43 PM	Spice TV 5th Floor Exit, City Park Lane	11:53 PM		Day Off	
34	05-Jul-2025	Sat	G	07:30:00	01:10 PM	Spice TV 5th Floor Exit, City Park Lane	08:40 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out	
35	06-Jul-2025	Sun	G	07:59:00	06:10 AM	Spice TV 5th Floor In, City Park Lane	02:09 PM	Spice TV 5th Floor Exit, City Park Lane	Early Out	
36	07-Jul-2025	Mon	G	08:26:00	09:58 AM	Spice TV 5th Floor Exit, City Park Lane	06:24 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out	
37	08-Jul-2025	Tue	G	08:01:00	06:05 AM	Spice TV 5th Floor Exit, City Park Lane	02:06 PM	Spice TV 5th Floor Exit, City Park Lane	Early Out	
38	09-Jul-2025	Wed	G	00:00:00	06:11 AM	Spice TV 5th Floor Exit, City Park Lane			P-IOM, Forget to punch	
39	10-Jul-2025	Thu	G						P-IOM, Day Off	

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40	12-Jul-2025	Sat	G						P-IOM, Eid holiday	
41	13-Jul-2025	Sun	G	05:40:00	06:11 PM	Spice TV 5th Floor Exit, City Park Lane	11:51 PM		Late Entry & Early Out	
42	14-Jul-2025	Mon	G	00:00:00	02:21 PM	Spice TV 5th Floor Exit, City Park Lane			P-IOM, Forget to punch	
43	15-Jul-2025	Tue	G	05:29:00	06:16 PM	Spice TV 5th Floor In, City Park Lane	11:45 PM		Late Entry & Early Out	
44	16-Jul-2025	Wed	G	00:00:00	11:05 PM	Spice TV 5th Floor Exit, City Park Lane			P-IOM, Forget to punch	
45	17-Jul-2025	Thu	G						P-IOM, Day off	
46	18-Jul-2025	Fri		08:28:00	07:46 AM	Spice TV 5th Floor Exit, City Park Lane	04:14 PM	Spice TV 5th Floor Exit, City Park Lane	Day Off	
47	19-Jul-2025	Sat	G	09:08:00	08:13 AM		05:21 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out	
48	20-Jul-2025	Sun	G	05:17:00	06:24 PM	Spice TV 5th Floor Exit, City Park Lane	11:41 PM		Late Entry & Early Out	
49	21-Jul-2025	Mon	G	08:07:00	12:15 PM	Spice TV 5th Floor In, City Park Lane	08:22 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out	
50	22-Jul-2025	Tue	G	08:18:00	08:54 AM	Spice TV 5th Floor In, City Park Lane	05:12 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out	
51	23-Jul-2025	Wed	G						On Leave	
52	24-Jul-2025	Thu	G						P-IOM, Day off	
53	25-Jul-2025	Fri		07:48:00	01:55 PM	Spice TV 5th Floor In, City Park Lane	09:43 PM	Spice TV 5th Floor In, City Park Lane	Day Off	
54	26-Jul-2025	Sat	G	09:33:00	08:15 AM	Spice TV 5th Floor In, City Park Lane	05:48 PM	Spice TV 5th Floor Exit, City Park	Late Entry & Early Out	

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55	27-Jul-2025	Sun	G	05:25:00	06:16 PM		11:41 PM		Late Entry & Early Out
56	28-Jul-2025	Mon	G	06:56:00	07:09 AM		02:05 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
57	29-Jul-2025	Tue	G	07:57:00	08:58 AM	Spice TV 5th Floor Exit, City Park Lane	04:55 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out
58	30-Jul-2025	Wed	G	08:11:00	10:14 AM	Spice TV 5th Floor Exit, City Park Lane	06:25 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
59	31-Jul-2025	Thu	G						P-IOM, Day off
60	01-Aug-2025	Fri							Day Off
61	02-Aug-2025	Sat	G	17:43:00	08:01 AM	Spice TV 5th Floor In, City Park Lane	11:44 PM		Early Out
62	03-Aug-2025	Sun	G	06:14:00	07:45 AM	Spice TV 5th Floor In, City Park Lane	03:59 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out
63	04-Aug-2025	Mon	G	06:50:00	02:04 PM	Spice TV 5th Floor Exit, City Park Lane	10:54 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out
64	05-Aug-2025	Tue	G						Absent
65	06-Aug-2025	Wed	G						On Leave
66	07-Aug-2025	Thu	G						P-IOM, Day off
67	19-Aug-2025	Tue	G	00:00:00	02:56 AM	Spice TV 5th Floor In, City Park Lane			P-IOM, On duty (Studio morning 6AM)

Employee Portal

16973 - Md. Likhon

63	04-Aug-2025	Mon	G	06:50:00	02:04 PM	Spice TV 5th Floor Exit, City Park Lane	10:54 PM	Spice TV 5th Floor In, City Park Lane	Late Entry & Early Out
64	05-Aug-2025	Tue	G						Absent
65	06-Aug-2025	Wed	G						On Leave
66	07-Aug-2025	Thu	G						P-IOM, Day off
67	19-Aug-2025	Tue	G	00:00:00	02:56 AM	Spice TV 5th Floor In, City Park Lane			P-IOM, On duty (Studio morning 6AM)
68	20-Aug-2025	Wed	G	07:37:00	02:29 PM	Spice TV 5th Floor Exit, City Park Lane	10:06 PM	Spice TV 5th Floor Exit, City Park Lane	Late Entry & Early Out
69	21-Aug-2025	Thu	G						Absent
70	22-Aug-2025	Fri		08:11:00	11:51 AM	Spice TV 5th Floor Exit, City Park Lane	08:02 PM	Spice TV 5th Floor In, City Park Lane	Day Off
71	23-Aug-2025	Sat	G	07:51:00	06:01 AM	Spice TV 5th Floor Exit, City Park Lane	01:52 PM	Spice TV 5th Floor Exit, City Park Lane	Early Out
72	24-Aug-2025	Sun	G	05:38:00	06:12 PM	Spice TV 5th Floor In, City Park Lane	11:50 PM		Late Entry & Early Out
73	25-Aug-2025	Mon	G						Absent

SELF-ASSESSMENT FORM

The purpose of this survey is to obtain students input on how they think they have performed.

Name of Intern: MD. Likhon

University ID: 191012041

Name of the Institute/Organization:

EKHON TELEVISION

Email:

info@ekhon.tv

Web:

ekhon.tv

Corporate Office Address:

City Park lane, 19 Hatkhola Road, Wari
Dhaka-1203, Bangladesh

1. During a typical week, approximately how many hours did you dedicate to your internship?

48 Hours

2. Was your internship paid? If yes, how much?

20k

3. Was your site supervisor available to meet when needed? Tick any one of the following.

☐ Not at all ☐ Slightly ☐ Moderately ☐ Quite a bit ☐ A great deal

4. Next, we would like to know how you were affected by your internship. Using the scale below, please indicate the degree to which participation in your internship experience increased or strengthened your abilities, attitudes, awareness or understanding in each of the areas identified:

1=Not at all 2=Slightly 3=Moderately 4=Quite a bit 5=A great deal

N O	CRITERIA (Personal)	RATING
1	I have a sense of satisfaction in doing something worthwhile.	5
2	I believe in my ability to make a difference.	5
3	I am open to new experiences.	5
4	I have gained the capacity to be more productive.	5
5	I can recognize my personal strengths.	5
6	I can recognize my personal weaknesses.	5
7	I have a sense of personal achievement.	5
8	I have the ability to persevere in difficult tasks	5
N O	CRITERIA (Social/Interpersonal Impact)	
9	I demonstrate concern for the welfare of others	5
10	I can be understanding and appreciative of people with diverse backgrounds	5
11	I have the ability to work cooperatively with others	5
12	I have the ability to communicate effectively	5

13	I have increased my ability to be a leader	5
14	I feel more connected to my community	5
N O	CRITERIA (Academic learning impact)	
15	I have acquired knowledge from the job duties I performed	5
16	I have broadened my critical thinking skills (reasoning, problem solving)	5
17	I have learnt the ability to work independently	5

18	I feel my classroom learning was enriched	5
19	I have the ability to connect academic subject matter to the real world.	5
N O	CRITERIA (EMPLOYMENT/JOB SPECIFIC IMPACT)	
20	I developed specialised technical skills for a specific job function	4
21	I broadened my future employment possibilities	5
22	I received an opportunity to explore a specific career	4
23	I developed realistic ideas about the work world	5
24	I narrowed my future possible career choices.	5
25	What is your average score from this test?	4.95

5. General Comments

My time at Ekhn Television challenged me to go beyond my own expectations, contributing significantly to both my professional and personal growth. It offered me invaluable opportunities to build meaningful connections that I will value and carry with me throughout my career.

Signature of Intern

Professional Competencies

Knowledge :

- Understanding of different camera formats, lenses, frame rates, and resolutions.
- Familiarity with principles of composition (rule of thirds, headroom, balance, etc.).
- Knowledge of basic lighting setups for indoor and outdoor environments.
- Understanding of audio-video synchronization during recording.
- Familiarity with multi-camera setups for live events, news, or studio broadcasts.

Skills :

- Operate professional video cameras, tripods, gimbals, and related gear.
- Frame visually compelling shots suited for TV broadcast.
- Set up and adjust lighting for clarity and aesthetic value.
- Coordinate efficiently with sound technicians and other technical crew.
- Handle multi-camera setups for live or recorded productions.
- Collaborate effectively with producers, reporters, editors, and others on set.
- Work under tight deadlines and manage fast-paced shooting schedules.
- Properly handle, maintain, and store equipment to avoid damage.

Attitude :

- Professionalism in high-pressure or live broadcast environments.
- Punctuality and reliability especially during early call times or breaking news.
- Willingness to adapt to dynamic shooting environments.
- Strong team spirit and willingness to assist others on set.
- Responsibility in caring for equipment and ensuring safety.
- Commitment to maintaining broadcast-quality standards.

Appendix



At the studio of Ekhn Television



Image from Arogo niketon

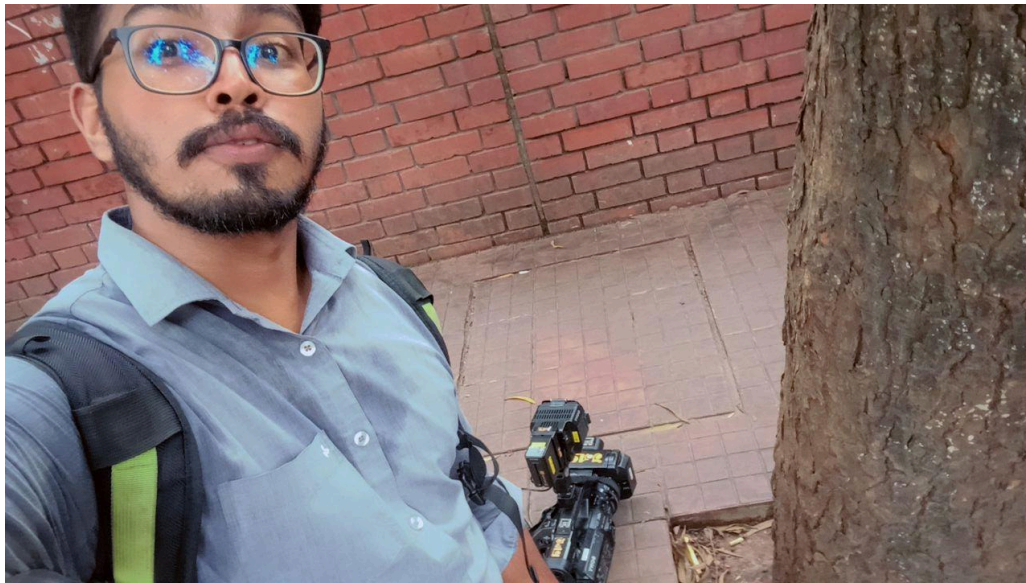


Photo from outdoor assignment



Sports assignment “Football National Stadium”

There were only a few pictures, but I enjoyed it much more than that and experienced a lot of things. Every picture has a story. I will keep those things with me forever.